# 1st *Ever*

# Turkey Trot Prediction Run

## 5 K/8K

**SUNDAY, NOVEMBER 27, 2011**

**Hosted by:**

RED RIVER RUNNERS

GRAND FORKS

***Including prizes for most accurate time prediction!!!!***

| | |
|---|---|
| **Distance** | 5K (3.1 mi) or 8K (4.97 mi) Walkers and families welcome |
| **Date and Time** | Sunday, November 27, 2011. Event starts at **4:00pm** |
| **Location** | Meet at The Blue Moose in East Grand Forks. Start and Finish will be from their deck on the west side. No mile markers will be on the courses! |
| **Donation** | $5 to offset prize costs, extra will be donated to the Northlands Rescue Mission from RRR-GF |
| **Logistics** | **No watches/GPS/iPods allowed! (**Times will be recorded, however.) Your prediction form (below) will be filed before the race and compared to your actual time. The three smallest time differences are the prizewinners. Speed breaks a "tie." Stay afterward for the award ceremony and to socialize at "The Moose" –we have reserved the bar area for food and drinks!! |
| **Course** | Maps are found at www.rungrandforks.com |

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Bring this form or fill one out on site to place your predicted time.

Name _____

5K Predicted time: min sec 8K Predicted time: min sec

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including low temperatures, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Town of Grand Forks, all sponsors, their representatives and successors from all claims of liabilities of any kind, including any claims arising out of negligence of the aforementioned parties, arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.

Signature:_____ Date _____
(Parent or guardian if under l8)